

"You'll never plough a field by turning it over in your mind."

- Irish Proverb

**There's both good news and bad news about the region's economy** for the year ahead. But the best news? Cooperative action by local players can leverage the Triangle's fundamental strengths and tip the scales toward a faster recovery.

- [25th Annual Triangle Commercial Real Estate Conference](#)

Also, download the [2010 NAI Carolantic Report](#)

**Permits Plats and Plans Extended.** Last year, the North Carolina General Assembly enacted Session Law 2009-406, "An Act to Extend Certain Government Approvals Affecting the Development of Real Property Within the State" (the "Act"). Under the Act, the running of any development approval that is current and valid at any point between January 1, 2008 and December 31, 2010 is suspended during this time period.

- [Reminder: Permits, Plats and Plans Extended](#)

**Busting a Green Building Myth.** Using recycled-content and bio-based materials is a great idea, but materials are only one—relatively small—aspect of green design.

- [Green Building Myth: It's All About Materials](#)

**BBC Video: Falcon cam.** Tiny spy cameras allow you to see some of the world's most magnificent birds in flight. Watch this video to learn how the fastest bird on the planet, the peregrine falcon, keeps control at mind-numbing speeds.

- [Flying with the Fastest Birds on the Planet](#)

**Slim down with full-fat cheese and porkchops?** ...eat better—not less, just better. Add these 9 best foods for weight loss to your daily (or weekly) diet.

- [Top Weight Loss Foods for 2010](#)

DID YOU KNOW?  
BOBBITT WAS AWARDED  
OUTSTANDING FLEET  
SAFETY BY RAFFLES  
INSURANCE.

## MAINTENANCE NOTEBOOK

Tidying-up landscaping-

When replenishing mulch or pine straw around the base of a masonry building, ensure that weep holes and flashing are not covered.



### Project Snapshot Carpenter Animal Hospital

?Animal lovers in the Triangle have a unique 7,000 square foot home for their pets to receive premiere veterinary care that also serves as an upscale destination for overnight pet stays.

**BOBBITT**  
DESIGN • BUILD

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